

Market Harborough
School Nursing Team
Coventry Road
Market Harborough
Leicestershire
LE16 9DD

Tel: 01858 438 121

Dear Parent/ guardian

I would like to take this opportunity to introduce you into our new established school nursing service. In April 2015 we were commissioned by the local authority which has brought exciting changes for our service.

Working with other professionals (in health, Education, Social Care and the voluntary sector) School Nurses aim to help children realise their full potential in health and Education. A wide range of support, in line with the Governments "Healthy Child Programme (0-19) is available including:

- Promoting healthy lifestyles.
- Providing health and development reviews.
- Health screening; such as the " National Child Measurement Programme "completed in reception and year 6
- Supporting pupils with longstanding illnesses or disabilities such as Asthma, Diabetes and Epilepsy.
- Working with schools to identify and address particular local concerns such as smoking, alcohol or drugs.
- Working alongside Mental health services (CAMHS) to provide advice and support in regards to the emotional wellbeing of children and young people.
- Support to promote positive parenting and provide advice on specific issues such as Sleep, behaviour & bed wetting.
- Protection of vulnerable children to improve their health outcomes.
- Sign posting and access to other services.

This information is provided to answer some of the common concerns parents/carers may have about their children and provide early support where needed. However; if you require additional information please contact the Market Harborough School Nurse team on the following phone number 01858 438121.

Alternatively you can contact your child's school for our contact details.

Yours sincerely

Kathy Garrood
Specialist Community Public Health Nurse